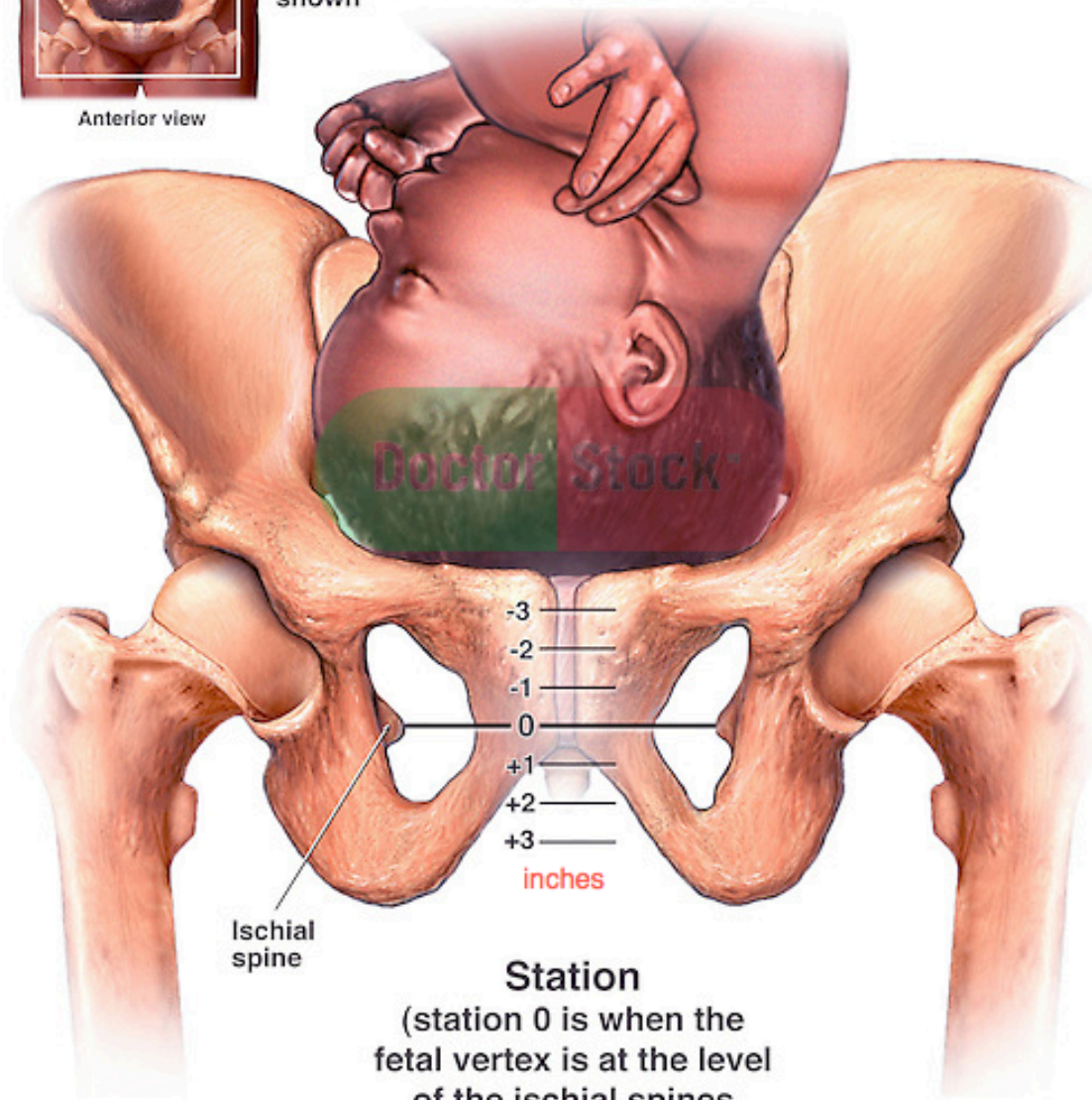




Anterior view

Area shown

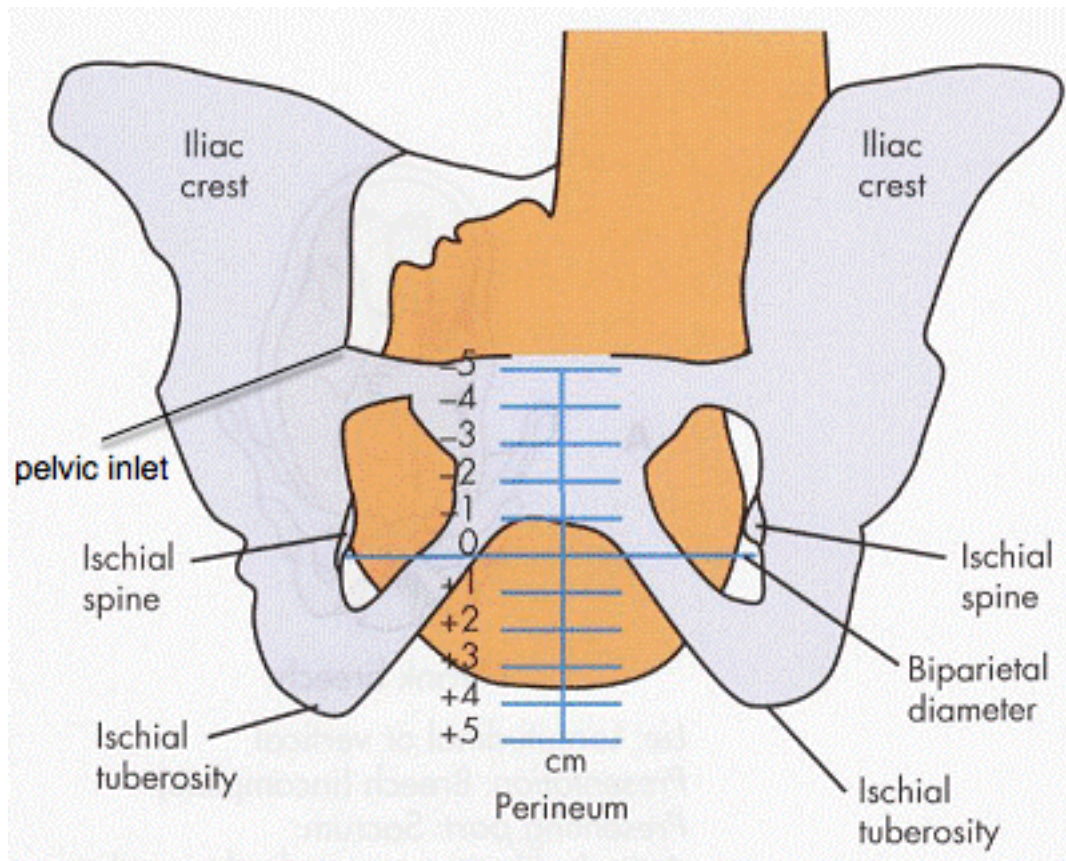


Ischial spine

Station

(station 0 is when the fetal vertex is at the level of the ischial spines)

Station	Measurement from ischial spine	Landmarks
-3	-5 cm	Pelvic inlet
-2	-3.3 cm	
-1	-1.6 cm	
0	0 cm	Ischial spine
+1	+1.6 cm	
+2	+3.3 cm	
+3	+5 cm	Pelvic outlet



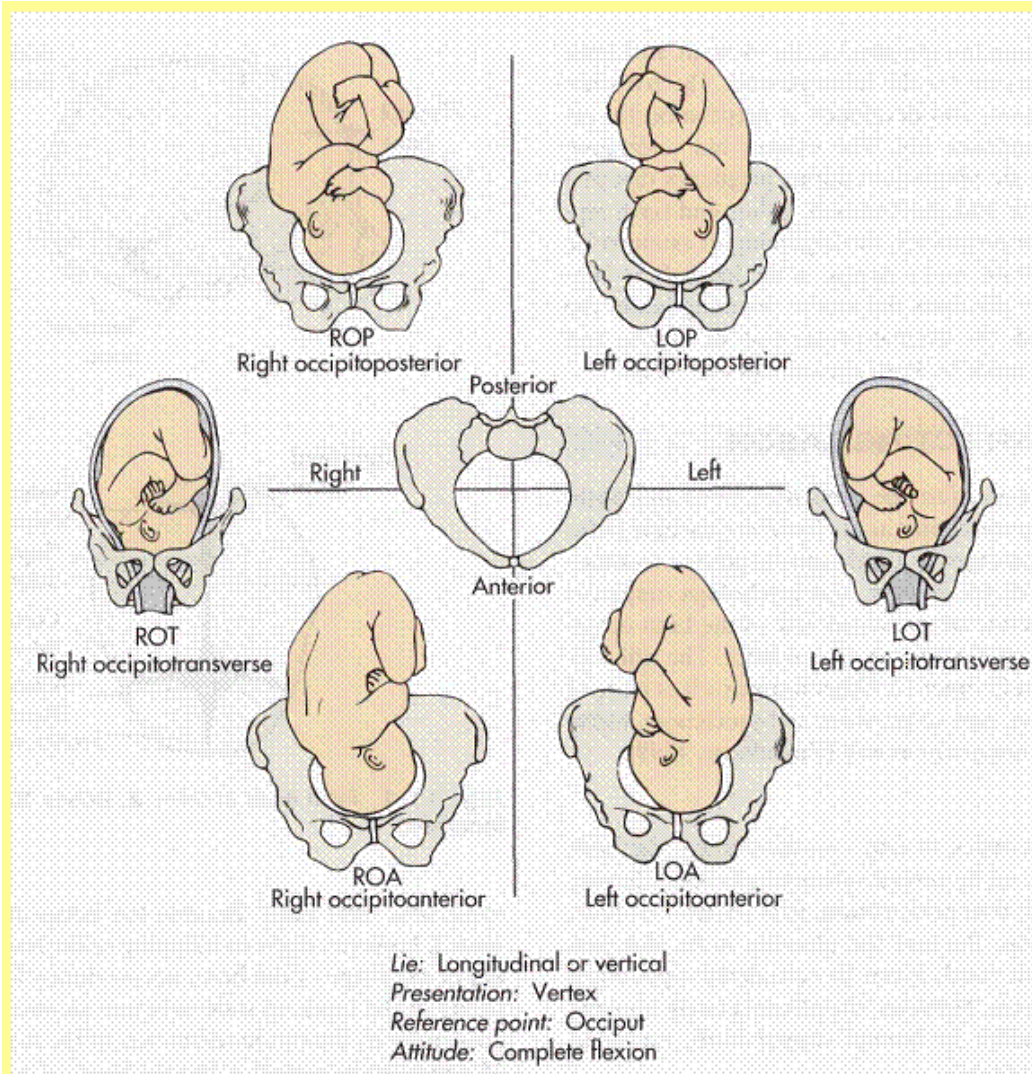
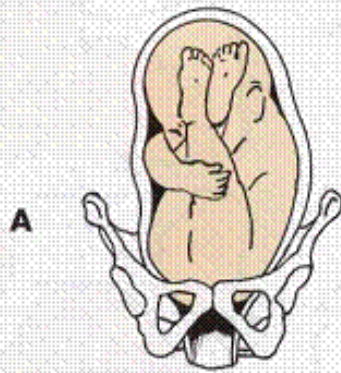
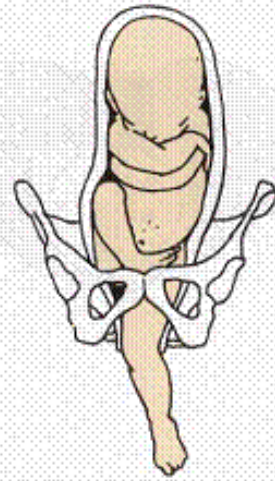


Fig. 2 Examples of fetal vertex (occiput) presentations in relation to front, back, or side of maternal pelvis.



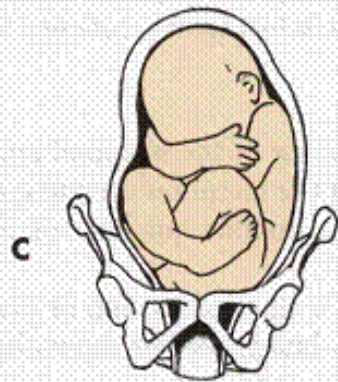
Frank breech

Lie: Longitudinal or vertical
Presentation: Breech (incomplete)
Presenting part: Sacrum
Attitude: Flexion, except for legs at knees



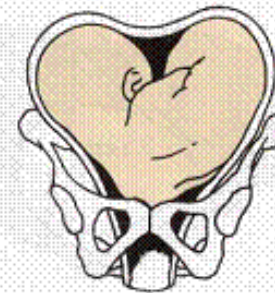
Single footling breech

Lie: Longitudinal or vertical
Presentation: Breech (incomplete)
Presenting part: Sacrum
Attitude: Flexion, except for one leg extended at hip and knee



Complete breech

Lie: Longitudinal or vertical
Presentation: Breech (sacrum and feet presenting)
Presenting part: Sacrum (with feet)
Attitude: General flexion



Shoulder presentation

Lie: Transverse or horizontal
Presentation: Shoulder
Presenting part: Scapula
Attitude: Flexion

Fig. 3 Fetal presentations. A-C, Breech (sacral) presentation. D, Shoulder presentation.

Cervical Effacement and Dilatation

Borradura y dilatación cervical



2 cm



5 cm



8 cm



10 cm



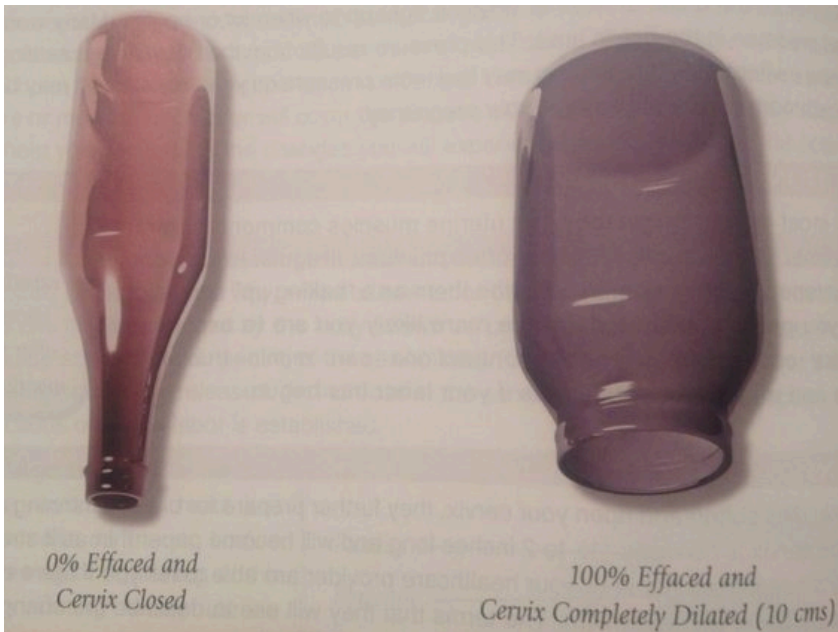
STATENS

1-3 cm
Early Labor
parto temprano

3-7 cm
Active Labor
parto activo

7-10 cm
Transition
transición

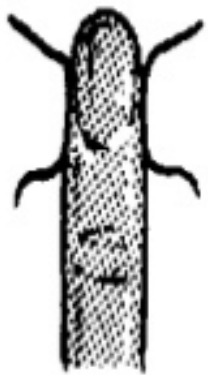
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0% Effaced and Cervix Closed

100% Effaced and Cervix Completely Dilated (10 cms)

Cervical dilatation by vaginal examination



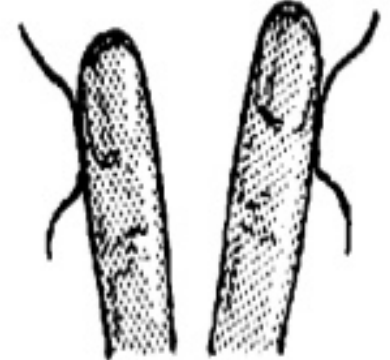
1 finger
2 cm



2 fingers
3.5 cm
 $\frac{1}{3}$ DILATED



3 fingers
5.5 cm
 $\frac{1}{2}$ DILATED



4 fingers
7.5 cm
 $\frac{3}{4}$ DILATED

Cervical Dilation

- a visual guide -

Cheerio®



Slice of Banana



Cracker



Soda Can



Bagel

